

HAPPENINGS

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JUNE 2022

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HAPPENINGS
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Submissions for publication need to be in before the 18th.

Call 321-633-7499 or e-mail to happenings1@att.net.
www.happenings.net

July 2nd -Thunder Over the Indian River is Back!

Thunder Over the Indian River is back at last and will be held on Saturday, July 2nd at the OUC Canaveral plant, corner of Kings Hwy. and US1, again this year. We have permission to use the OUC property and the permit is being processed by the county now.

Thunder Over the Indian River has not been held during the pandemic when we could not get use of the OUC property or any other property large enough and "fireworks safe" enough to host the event. This year we're lighting up the sky again.

This year's event will have food and cold drinks available to purchase, and a terrific slate of games, live entertainment, demonstrations and music leading up to the fireworks show at dark (usually about 9:30). Weather conditions may cause the fireworks to be a little early to avoid rain.

No fireworks or alcohol are allowed on the plant property. You are encouraged to bring blankets or lawn chairs to sit on, insect repellent and sun block. It's Florida in July!

The gate to the compound where all the shows, demonstrations and food will be is on Kings Hwy., right across from Capron Rd. and you'll make an immediate right turn toward the river to get through the second gate. We'll have people inside to help you park in an order that will help fit many cars and make it much easier to exit after the fireworks show.



We will have some spaces designated for handicap parking, but the entire compound is unpaved. Plan accordingly. And those spaces tend to fill up early with spectators who come early to see the entertainment.

Vendor space is still available. Email psjcommunityfoundation@gmail.com.

For more information on Thunder Over the Indian River, visit our Facebook site; PSJ Community Foundation (@psjcf); Instagram: psjstrong; or go to www.portstjohncommunityfoundation.com for the entire schedule.

We still need volunteers to help the day of the event and the Friday before. Please email to happenings1@att.net if you are willing to help.

There is no city to do our show and the county doesn't do fireworks shows. Thunder Over the Indian River is put on by hard work of local volunteers and many fabulous sponsors, plus some generous donations. Thank you to all of our sponsors, especially Parrish Medical Center, Freedom Air and Heat, Higginbotham Companies, Inc. and Happenings.



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ECRWS



MEDICAL REMINDERS TO HELP YOU PREPARE

June marks the beginning of hurricane season. Make sure your family's hurricane emergency plan covers medical needs.

Make sure you have a 30-day supply of necessary supplies.

Give yourself ample time to prepare your emergency food, water and medicine supplies. Speak with a health insurance representative, pharmacist or your physician about options to acquire extra medications.

Call your dialysis center for a temporary plan of care.

If you are on dialysis, call your center to make a plan for your care. Try not to miss a treatment prior to bad weather and make sure to follow your doctor-ordered diet closely. Your physician will provide you with information to assist you and phone numbers to the End Stage Renal Disease Network. Your doctor can recommend if it is medically safe for you to miss treatments and advise you on whether or not you should be admitted to a hospital during a hurricane.

If you are oxygen dependent, fill your oxygen tanks and have a two-day supply. Stay safe!



parrishhealthcare.com

Visit parrishhealthcare.com/hurricane
for more information on preparing for a hurricane.

Mortgage Interest Rates Rising

Just one year ago, a 30-year, fixed-rate mortgage averaged 2.94% with a few lenders offering even lower rates. Average long-term U.S. mortgage rates moved up again in May, with interest on 30-year loans at its highest level since 2009. The new rates hit 5.3%.

It's the highest level since 2009 as the Fed moves to fight inflation. The government has reported that U.S. producer prices are up 11% in April from April, 2021, a hefty gain that indicates high inflation for consumers and businesses will linger in the months ahead. When May reports come in, they are expected to be much the same.

The Federal Reserve raised its benchmark interest rate by a half-percentage point and signaling further large rate hikes to come. This is sparked by the worst inflation in 40 years.

In mid-May, the government reported that U.S. producer prices soared 11% in April from a year earlier. Not only will mortgage interest rise, the Fed's move will bring higher costs for credit cards, auto loans and other borrowing for individuals and businesses.



Last month the government reported that inflation eased slightly in April after months of relentless increases, but remained near a four-decade high. With inflation at a four-decade high, rising mortgage rates, elevated home prices and a tight supply of homes for

sale, home ownership has become less attainable, especially for first-time buyers. The tight supply of homes for sale (and for rent) is a problem we have been dealing with in Brevard County for a while. If you're shopping, start by getting pre-qualified for your new mortgage.



St. Patrick's Anglican Church
4797 Curtis Blvd., Port St. John
321-802-1311

Classical Christianity Engaging the World

It's hard to believe it's already June and the summer is upon us. We do not have the Friday PM Evening Prayer during the summer, but we have many other worship opportunities for you.

Our weekly Sunday Service schedule is:

- Wednesday 6:00 PM Eucharist
- Sunday 8:00 AM & 10:00 AM

(10:00 AM on Facebook Live) (<https://www.facebook.com/StPatspsj>).

Other upcoming events:

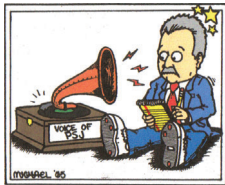
Veteran's, Veteran Spouses and First Responders are invited to a full breakfast on the last Saturday of each month - Saturday, May 25th at 9:00 AM.

Check out our website for more events: stpatrickspsj.org.

Office: 321-802-1311

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PSJ Community Center Schedule - June, 2022

The center is open Mondays–Thursdays from 10 a.m. to 7 p.m., Fridays from 9 a.m. to 6 p.m., Saturdays 10 - 2 p.m.. **Schedule is subject to change. For latest information about any of these programs or to register, call 321-633-1904.**

Mondays

Summer Camp, 7:00 a.m. - 6:0 p.m.

Seniors At Lunch, 10 a.m.-1:00 p.m.

Outside Basketball, 10 a.m - 7 p.m.

Zumba (adult class with Jackie), 5:15 – 6:15 p.m.

Tuesdays

Summer Camp, 7:00 a.m. - 6:0 p.m.

Seniors At Lunch, 10 a.m.-1:00 p.m.

Outside Basketball, 10 a.m - 7 p.m.

Wednesdays

Summer Camp, 7:00 a.m. - 6:0 p.m.

Seniors At Lunch, 10 a.m.-1:00 p.m.

Outside Basketball, 10 a.m - 7 p.m.

Game Room/Computers, 10 a.m. - 7 p.m.

Thursdays

Summer Camp, 7:00 a.m. - 6:0 p.m.

Seniors At Lunch, 10 a.m.-1:00 p.m.

Outside Basketball, 10 a.m - 7 p.m.

Fridays

Summer Camp, 7:00 a.m. - 6:0 p.m.

Seniors At Lunch, 10 a.m.-1:00 p.m.

Outside Basketball, 9 a.m - 6 p.m.

Saturdays

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Game Room/Computers, 10 a.m. - 2 p.m.

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~ Jackie Lewis

SUMMER CAMP :

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*Field trips are additional cost

- All camp fees must be paid in advance
- Please bring a water bottle to camp every day
- Bring lunch & snack daily unless otherwise stated
- Dress appropriate for outside play
- No flip-flops Sandals, Crocs, slides or open toe shoes

National Active and Retired Federal Employees Association (NARFE)

NARFE Apollo Chapter 1137 meets monthly on the second Monday of each month. The June meeting will on the 13th.

We have changed our meeting place to the Red Lobster Restaurant, 215 E. Merritt Island Causeway, Merritt Island. You are invited to join us for lunch at 11:30 and an interesting speaker at 12:15.

Website: www.NARFE.org/Chapter1137.

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Brevard County Fire Rescue Offers Hurricane Tips

Brevard County Fire Rescue reminds residents that hurricane season runs from June 1 through November 30. BCFR offers the following safety tips to ensure that your family is prepared before a hurricane strikes, during the storm and in the aftermath of the event.

Before a storm:

Understand how hurricanes can affect where you live and work, and how the weather could impact you and your family.

Develop an emergency plan and practice how and where you will evacuate if instructed by local emergency management officials.

Create and maintain a disaster supply kit complete with enough water, non-perishable food and medications to last several days.

Learn how to properly secure your home against hurricanes. If your home is equipped with hurricane shutters, ensure that they are in proper working order before a storm threatens to strike.

If you have a generator, get fuel for it - at least enough for three days.

Monitor local weather forecasts and obtain a NOAA Weather Radio.

During a storm:

Stay inside your home away from windows and glass doors. Find a safe area inside your home such as an interior room, a closet or bathroom on a lower level.

If flooding threatens your home, turn off elec-

tricity at the main breaker.

If your home loses power, turn off major appliances such as the air conditioner and water heater to reduce damage.

Do not go outside. Weather conditions can change rapidly with lightning, wind and a multitude of other hazards exist.

After a storm:

Remain indoors until an official "all clear" is given.

Do not touch fallen or low-hanging wires of any kind under any circumstances. Call police or utility companies immediately to report hazards such as downed power lines, broken water or gas mains and overturned gas tanks.

Once power is restored, ensure refrigerated food has not spoiled. Spoiled food is the cause of much sickness in the days after a storm.

Do not operate charcoal grills, propane camping stoves or generators indoors for any reason. This includes inside garages, screened enclosures, or near open doors and/or windows.

When it is safe to do so, remove hurricane shutters from windows and doors. These should not be left in place for any reason. Doing so may prevent early detection of the presence of a fire, hinder firefighting efforts or prevent your family members from escaping the home in the event of a fire.

Good Day! by Maureen Rupe

Yes, this is where Maureen's article normally begins. Unfortunately, Maureen and her husband both had a breakthrough infection of COVID-19 in May and it was bad enough that she was not able to make all the meetings she usually is part of, nor write for us this month.

Look for her to be back next month and join us in wishing her quick and complete healing.

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More information and ideas on how you can be a Force of Nature can be found at <http://www.brevardfl.gov/emergencymanagement/home/>.

Information on the different types of severe weather such as tornadoes, severe thunderstorms and floods is available at www.weather.gov and www.ready.gov/hurricanes or the Spanish-language website, www.listo.gov.

You can also go to <https://www.floridadisaster.org/planprepare/> and create your own family disaster plan, print it out and save it.

Total Lunar Eclipse Over Central Florida

A lunar eclipse occurs when the moon moves into Earth's shadow. During a total lunar eclipse, the moon appears to turn "blood red" as it gets

deeper into the shadow. This happens when sunlight passes through particles in Earth's atmosphere and become scattered, which is also what gives sunsets their color. Because red and orange have longer-than-average wavelengths on the color spectrum, they tend to pass through the atmosphere rather than scatter away. That color is then refracted onto the moon's surface.

This year we will be treated to two total lunar eclipses. The first happened Sunday night, May 15, (and Monday early morning). The Penumbral Eclipse (first shadow) started at 9:32 p.m. Totality, when the moon appears blood red, began at 11:29 p.m. and lasted until 12:53 a.m. the next morning.



The next lunar eclipse visible here will be early morning on Tuesday, November 8. That total eclipse will last from 5:16 a.m. until 6:41 a.m., with the maximum eclipse point at 5:59. Set your reminder on your calendar now.

WaWa Is Coming... Nearby

A site plan is under review for a 6,119-square-foot restaurant with gas pumps located at 1245 Grumman Place (corner of Grissom Pkwy. and Columbia Blvd.) for a new Wa Wa. The plan was not approved at press time, but there's hope.

WaWa has a lot of fans for their tea and food. And unlike our four PSJ gas stations, perhaps WaWa will not be boosting gas prices that are already historically high.



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Father's Day Is Approaching

William Jackson Smart was a twice-married, twice-widowed Civil War veteran and father of 14 children, one of whom dedicated her life to the creation of Father's Day in honor of her devoted and selfless dad.

William Jackson Smart, the original inspiration for Father's Day, was born in Arkansas in 1842 and records show that he enlisted as a Union soldier there in 1863. That was odd, because Arkansas was a Confederate state. William, in fact, fought for both sides in the Civil War.

Driving a supply wagon for Confederate troops, William was captured in the Battle of Pea Ridge, a decisive Union victory in Arkansas in 1862. Rather than languish in a prisoner of war camp, he opted to join the northern cause.

The story goes that William's daughter, Sonora Smart Dodd, was attending one of the first official Mother's Day services in 1909 at her church in Spokane, Washington, when she had an epiphany—if mothers deserved a day in honor of their loving service, why not fathers?

When Sonora's mother Ellen died, leaving William as a single father to Sonora and her younger brothers. By Sonora's account, he performed brilliantly. Sonora's mother had three children from a previous marriage. William had also been married and widowed before he met Sonora's mother, and had five children with his first wife who were already grown when William became a widower for the second time.

In 1910, Sonora brought a petition before the Spokane Ministerial Alliance to recognize the courage and devotion of all fathers like William on June 5, her dad's birthday. The local clergy liked the idea of a special Father's Day service, but couldn't pull something together so quickly. They settled for June 19, which happened to be

the third Sunday in June.

On that first Father's Day in 1910, church sermons across Spokane were dedicated to dear old dad, red and white roses were passed out in honor of living and deceased fathers, the mayor of Spokane and governor of Washington issued proclamations, and Sonora found her calling. She would spend much of the next 60 years pushing for the official recognition of Father's Day as a national holiday.

That first Father's Day celebration in Spokane might have remained a local tradition if not for the perseverance of Sonora Smart Dodd. Following the 1910 Father's Day observance, William Jennings Bryan, one of the most famous politicians of the time, sent Sonora a congratulatory letter, which sparked a rush of national media attention on Sonora and Spokane.

Sonora won the support of her congressmen, who began to lobby for the creation of a national holiday. In 1916, President Woodrow Wilson celebrated Father's Day in Spokane during a visit to Washington. We don't know if William Jackson Smart was there to shake the president's hand, but it would have been one of his last Father's Days. William died in 1919.

Much more than a Father's Day booster, Sonora Smart Dodd was an accomplished artist, poet, children's book author, funeral home director, and founding member of just about every civic organization in Spokane. But she never let go of her determination to give fathers like hers the recognition they deserved.

It wasn't until 1972, six years before Sonora's death at the age of 96, that President Richard Nixon finally signed a Congressional resolution declaring the third Sunday in June to be Father's Day. Her dad, no doubt, would have been proud.

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Special Olympics USA Games Comes to Orlando

The Opening Ceremony of the 2022 Special Olympics USA Games will be held on June 5, 2022 at Exploria Stadium. The Opening Ceremony will be produced by Disney Live Entertainment and will feature appearances from Celebrity Games Ambassadors, superstar performances, The Parade of Athletes, and the lighting of the Flame of Hope officially kicking off The Games. Opening Ceremony will be broadcast nationally on ABC (locally, channel 9) and will feature 5,500 athletes and coaches from all 50 states and the Caribbean.

You can be part of the premiere Central Florida event of the Summer and #ShineAsOne with the athletes of Special Olympics.

The event will run June 5-12, 2022, and the 2022 Special Olympics USA Games will unite athletes and coaches from all 50 states and the Caribbean, plus 125,000 spectators during one of the country's most cherished sporting events.

We all have reasons to shine. For Special Olympics athletes, one of those reasons is the love of sport. Special Olympics athletes display remarkable abilities not only on the field, but in all areas of life. By celebrating their dedication and perseverance, we become champions for a more inclusive world. This year there will be 19 sports involved across the six days of the event. The schedule can be viewed at <https://www.2022specialolympicsusagames.org/schedule>.

And the roster of Ambassadors is incredible this year. This impressive roster touts seven Hall of Famers, 14 Olympic medal winners and sports heroes who have played in more than 80 All-Star games, Pro Bowls and other championship games. Additionally, the Ambassadors come with a profound number of entertainment awards and accolades with more than 200 major award nominations, three Oscars, and more than 125 Grammys, Emmys, Golden Globes, Tony and SAG awards. These Ambassadors represent a huge presence on social media with more than 500 million followers and 15 billion content views. The Ambassador roster includes Tyra Banks, Bianca Belair, David Boudia, Jhonnattan Castro, Chelsea Clinton, Lee Corso, Mark Cuban, Charli D'Amelio, Johnny Damon, Andre Dawson, Ellen DeGeneres, Elena Delle Donne, Paul Donald Wight, Chris Evert, Chad Gable, Whoopi Goldberg, Meagan Good, Jack Dylan Grazer, Gabrielle Nevaeh Green, Tiffany Haddish, That Girl Lay Lay, Grant Hill, Dulé Hill, Robert Irvine, Kaká, Jimmy Kimmel, Ali Krieger, Brie Larson, Rob Lowe, Dan Marino, Jaeden Martell, Marlee Matlin, Auston Matthews, Matthew McConaughey, Lin-Manuel Miranda, Drew McIntyre, Ja Morant, Ryan O'Connell, Otis, Richard Schiff, Katelyn Ohashi, Shonda Rhimes, Annika Sörenstam, Eric Stonestreet, Warren Sapp, Joy Taylor, Denise Richards, Dara Torres, Izabela Rose and Rayka Zehtabchi.

The 2022 Special Olympics USA Games logo is the product of the hard work and amazing talents of 9 Special Olympics athletes who were guided by



a professional creative team from Publicis Seattle. They spent a weekend workshop where each of the athletes contributed their own inspiration and individual stories to a collaborative design process. A wide range of artists participated, each specializing in different medium. Whether painting, fashion design, or even decorating with frosting, each brought their own unique talents to the table. The result is this year's official logo.

More than 10,000 volunteers are needed to fill over 28,000 shifts to give the Special Olympics athletes the outstanding experience they deserve and will cherish for a lifetime. Volunteers are needed for Sports, Special Events, Operations and Marketing & Development. If you would like to volunteer to help the 2022 games, visit <https://www.2022specialolympicsusagames.org/get-involved/volunteer-information>.

Information about the sports involved in this year's games, schedules, information about the athletes, a way to donate to help the games and even a way to volunteer to help are all available at <https://www.2022specialolympicsusagames.org/>.

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Rose's Room

~ Rose Padrick

A recent day found me picking up the lady my kids have dubbed Thelma to my Louise, (one small incident with a young, smart mouthed, Barbie wanna-be over a parking place and you're labeled forever!), and heading north to visit a park.

Discovering the park had closed, moved or had never been there, 'Thelma' and I opted for plan B. Attempting to enter Ponce DeLeon Springs into the map lady in my phone, I discovered there are multiple DeLeon Springs in Florida. We decided to exit I-95 at Daytona, head west on I-17 and try again. Not being able to go to the park was not going to dissuade us!

Exiting I-95, I pulled into a large parking lot and began scrolling through the list of Ponce De Leon springs when 'Thelma' guffawed and pointed to the sign. The one word in the church's name we both fixated on was Sinners. More laughter when we both noticed the parking lot One-Way sign ... we were pointed in the wrong direction.

For ten minutes we drove first one way, then another, always running into cones closing the row off. When 'Thelma' blurted we wouldn't be allowed to leave until we were baptized, the laughter tears matched the guffaws. Barely able to control ourselves when daughter Darlene called at the same moment we spotted the state trooper watching us from his parking place by the exit, I told her I'd call her back after we escaped the Sinner church maze - her squawking preceded my and 'Thelma's' total laughing meltdown. Advising her that I had to stop talking because the State Trooper was watching caused a sputtering "Mooooommmmm! If you guys get arrested, I'm not bailing you out!" I hung up before she hit the

last screeching note of another "Mommommmmm!"

Finally able to communicate our wishes to the phone map lady, we headed for the cool, clear spring. Still snickering about the morning's activities, we pull up to the entrance, only to come face to face with yet another law officer.

He waved us around the corner where we found ourselves at the end of a long line of cars. The wait time would be well over an hour.

It took a full five minutes for me to stop laugh-snorting and compose myself enough to put the car in reverse to escape the line, and even more for the two of us to be able to take a deep breath, wipe the tears and ask each other what we wanted to do now. The decision to visit the Daytona Flea Market was made based on the ease of access. What could possibly go wrong just turning off US-1? Not being able to go to the park or the spring was not going to dissuade us!

Asking the phone map lady to return us to I-95, we followed her directions up, down and around back roads. Discovering we had merged onto said interstate well south of the flea market, our poor laugh-sore ribs got yet another workout, tears included.

Realizing the next exit wasn't until Oak Hill, we abandoned the idea of buying more stuff we didn't need just because it was cheap and our rumbling bellies brought our favorite Oak Hill restaurant to mind. Not being able to go to the park, or the springs or the flea market was not going to dissuade us!

I could almost taste the shrimp and grits. We checked in, ordered sodas and took a seat on the 'Wait Here' bench outside and patiently waited one hour and ten minutes. Patient would not describe us after being seated and spending the next

twenty minutes watching several now less busy waitresses walk past us without even acknowledging us. On the twenty first minute we finished our sodas and slid (stomped) out the patio door.

The real Thelma and Louise had nothing on us! Un-stifleable, hysterical cackling garnered strange looks from fellow not-gonna'-get-dinners as we made our way through the parking lot.

Once again weighing our choices, we decided to make a stop at the little soft serve ice cream place we had visited several times before. Not being able to go to the park, or the springs, or the flea market, or have dinner was not going to dissuade us!

The soft serve place is a little difficult to spot and carefully watching for it did not prevent us from driving right by. Another U-turn and more guffaws brought us back. Pulling into the parking lot brought us face to face with the CLOSED sign.

We remembered the frozen yogurt place we found in Titusville recently. Not being able to go to the park, or the springs, or the flea market, or have dinner, or have ice cream was not going to dissuade us!

Frozen yogurt devoured while giggling makes the best dinner ever! A day filled with laughter makes the best life ever!

Driving a daughter to distraction is just the butterfly on the flower.

"The democracy will cease to exist when you take away from those who are willing to work and give to those who would not."

-- Thomas Jefferson



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Monthly Tax Update

Important tax reminders for people selling a home

A lot of families move during the summer. Taxpayers who are selling their home may qualify to exclude all or part of any gain from the sale from their income when filing their tax return. Here are some things that homeowners should think about when selling a home:

Ownership and use

To claim the exclusion, the taxpayer must meet ownership and use tests. During a five-year period ending on the date of the sale, the homeowner must have owned the home and lived in it as their primary residence for at least two years.

Gains

Taxpayers who sell their main home and have a gain from the sale may be able to exclude up to \$250,000 of that gain from their income. Taxpayers who file a joint return with their spouse may be able to exclude up to \$500,000. Homeowners excluding all the gain do not need to report the sale on their tax return unless a Form 1099-S was issued.

Losses

Some taxpayers experience a loss when their main home sells for less than what they paid for it. This loss is not deductible.

Multiple homes

Taxpayers who own more than one home can only exclude the gain on the sale of their main home. They must pay taxes on the gain from selling any other home.

Reported sale

Taxpayers who don't qualify to exclude all of the taxable gain from their income must report the gain from the sale of their home when they file their tax return. Anyone who chooses not to claim the exclusion must report the taxable gain on their tax return. Taxpayers who receive Form 1099-S, Proceeds from Real Estate Transactions, must report the sale on their tax return even if they have no taxable gain.

Mortgage debt

Generally, taxpayers must report forgiven or canceled debt as income on their tax return. This includes people who had a mortgage workout, foreclosure, or other canceled mortgage debt on their home. Taxpayers who had debt discharged,

in whole or in part, on a qualified principal residence can't exclude it from income unless it was discharged before January 1, 2026, or a written agreement for the debt forgiveness was in place before January 1, 2026.

Possible exceptions

There are exceptions to these rules for some individuals, including persons with a disability, certain members of the military, intelligence community and Peace Corps workers.

Worksheets

Worksheets included in Publication 523, Selling Your Home, can help taxpayers figure the adjusted basis of the home sold, the gain or loss on the sale, and the excluded gain on the sale.

Last, I hope everyone enjoys the 4th of July fireworks we helped sponsor next month, and I thank the Port St. John Community Foundation, Inc. members for their efforts making our community one of the best to live in.

This is a very brief overview. Additional details and specific assistance in applying the general information in this article may be attained by contacting your tax advisor or our office.

Provided by Tracey C. Higginbotham, E.A., (321) 632-5726, a member of the National Society of Accountants.

2022 Election Cycle

The mid-term elections are closer than you think. It's time to start paying attention to candidates and choosing who you want to represent you now, while you have time to check out all your choices.

The 2022 Primary Election will be held on August 23rd, 2022.

The 2022 General Election will be held on November 8th, 2022.

You can look up all the candidates for all the offices that will be voted in the county at <https://www.votebrevard.gov/Candidates/2022-Candidates>. You can also find your precinct on the site if you're not sure if you have changed, or you're new to Brevard County.

You can also check the financial information reported by candidates, who is contributing to them and what their expenditures are for their campaign.

All currently registered and qualified candidates for every office in the county are on the site, and the names of candidates for state and federal offices are also there.

Your individual ballot won't have all the candidates as county districts and municipalities aren't the same for all of us.



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Jess Parrish Medical Foundation And Parrish Medical Center Auxiliary Award Scholarships For Study In Healthcare And Medicine

Jess Parrish Medical Foundation (JPMF) and Parrish Medical Center (PMC) Auxiliary awarded \$22,500 in scholarships to 18 outstanding college students and graduating high school seniors that distinguished themselves through passionate dedication to their communities and a pursuit of studies in the fields of medicine or healthcare. Since 1990, JPMF has awarded more than \$475,000 to deserving students.

This year's scholarship winners include, from Astronaut High School, Shamere Harvey, Jonna-Marie Kirk, Alexis Mills, Isabella Padgett, Taylor Rendina, and Brenna Row; Merritt Island Christian School awardee Sydney VanHorn; and Space Coast Junior/Senior High School recipient ShaMar Washington.

College students awarded scholarships include, Cindy Sluka, Daytona State College; Maryah McCarthy and Kayla Ouellette from Eastern Florida State College; Brooke Kelleher, Florida Gulf Coast University; Kenzington Alender and Sarah Lee Curtis, Florida State University; Julia Simonsen, University of Central Florida; Paige Murrill, University of Florida; Gabriella Lloyd, University of North Carolina; and Joshalyn Butler from the University of North Florida.

Scholarship committee chair Barbara Terhune led the committee through the process of evalu-



PARRISH HEALTHCARE

ating applicants in the areas of academic performance, awards and honors, extracurricular activities, leadership, community service and work experience, recommendation letters, application essay and PMC/JPMF affiliation.

"The Foundation is honored to support such well-deserving and exceptional students. Our congratulations to all the awardees as they take the next step forward in their academic careers and lead the next generation in shaping the future of healthcare," said Matthew Morak, JPMF Director. "I would also like to extend heartfelt thanks to Dr. Philip Simpson, Barbara and Terry Terhune, and Bill and Rachel Terry for their generous scholarship gifts which allowed for addi-

tional students to be awarded."

Committee members include Santi Bulnes; Deborah Cox; Terry Lee; Josh Norris; Howard Rinker, DDS; Natalie Sellers; Philip Simpson, PhD; and Barbara Terhune, committee chair.

JPMF is investing in the future by awarding medical scholarships to residents in North Brevard County who are pursuing careers that one day will provide healing to our community. To learn more about JPMF/PMC scholarships, visit www.parrishmedfoundation.com/scholarships.

Parks & Recreation Meeting

The North Brevard Commission on Parks and Recreation will hold its next monthly meeting on Thursday, July 14th, at 5:00 p.m.

The meeting will be held in the Brevard Room at 518 South Palm Avenue in Titusville. The public is invited to attend. The Brevard Room is located in a building on the north side of the parking lot behind the Brevard County Government Center-North.

For questions, call Jeff Davis at 321-264-5105.



Central FL Accordion Club

The Brevard Chapter of the Central Florida Accordion Club (CFAC) holds its regular meeting the last Sunday of every month. Members and guests are invited to play accordions or other instruments.

Shows are held on the last Sunday of each month, 2:00-5:00 p.m. at Elks Lodge #1532, 315 Florida Ave., Cocoa. The event is open to the public. Admission is free.

CFAC is a Not-for-Profit Florida Corporation, and is tax exempt under Section 501c4 of the Federal Tax Code. The club is dedicated to promoting the visibility and value of the accordion as a multi-cultural musical instrument in Central Florida. For more information, contact Rod Hall, 866-455-2322.



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What Is Starlink?

It has become a redundant news report to hear that, “A launch is scheduled this week putting “xx” number of Starlink satellites into orbit.” Usually “xx” is a big number for those of us who remember when satellites went to space one at a time. So what’s going on with all these satellites?

SpaceX has launched more than 2,000 Starlink satellites since 2019 and offers internet service to much of Europe, including Ukraine, most of the US, parts of Central and South America, New Zealand, and southern Australia. It is the most



mature of three projects, including one from Amazon, creating a new generation of high-speed internet services using swarms of small satellites in low Earth orbit. The intent is to be able to offer internet service world-wide by the end of this year. World wide. That means including the oceans, deserts, arctic and antarctic regions, and mountains. It’s a grand goal and a massive undertaking.

It’s designed to be the world’s most advanced broadband internet system. Starlink internet works by sending information through the vacuum of space, where it travels much faster than in fiber-optic cable and can reach far more people and places. While most satellite internet services today come from single geostationary satellites that orbit the planet at about 35,000 km, Starlink is a constellation of multiple satellites that orbit the planet much closer to Earth, at about 550 km, and cover the entire globe.

Because Starlink satellites are in a low orbit, the round-trip data time between the user and the satellite – also known as latency – is much lower than with satellites in geostationary orbit. This enables Starlink to deliver services like online gaming that are usually not possible on other satellite broadband systems. Using advanced satellites in a low orbit, Starlink enables video calls, online gaming, streaming, and other high data rate activities that historically have not been possible with satellite internet. Users can expect to see download speeds between 100 Mb/s and 200 Mb/s and latency as low as 20ms in most locations.

World wide coverage is on track to succeed, but a little later than projected. The satellites may be up by year end, but connectivity won’t be ready in all areas. Starlink is currently available in most of Florida. I went to the Starlink website and I can order service today and place a deposit, but it won’t be available until 2023. They are connecting on a first come, first served basis so it still may be worth your time.

Business Starlink is signing up many areas, including the Happenings office, now for late 2022 or early 2023 service. Both home and business have an equipment fee. As expected, there’s a disclaimer for delivery time.

You can find more information at <https://www.starlink.com>.



East China Sea

(April 15, 2022), Aviation Machinist’s Mate 3rd Class Aubrey Houze, from Cocoa, FL, assigned to the “Vigilantes” of Strike Fighter Squadron (VFA) 151, removes a horoscope plug from an F/A-18E Super Hornet engine in the hangar bay aboard Nimitz-class aircraft

carrier USS Abraham Lincoln (CVN 72). Abraham Lincoln Strike Group is on a scheduled deployment in U.S. 7th Fleet to enhance interoperability through alliances and partnerships while serving as a ready-response force in support of a free and open Indo-Pacific region.

With more than 90 percent of all trade traveling by sea, and 95 percent of the world’s international phone and internet traffic carried through fiber optic cables lying on the ocean floor, Navy officials continue to emphasize that the prosperity and security of the United States is directly linked to a strong and ready Navy.

(USN photo by Mass Communication Specialist Seaman Cassandra Alanis)

Get local help with your Medicare questions.

I’m William Chaney, a licensed sales agent in Brevard County. When it comes to Medicare, it’s important to consider all of your options. What works well for your neighbor may not be the best fit for you. I know the ins and outs of Medicare, and I’m ready to answer your questions and help you find a plan that fits your needs.

It’s time to take advantage.



William Chaney

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SPRJ55189

Parrish Healthcare Hosts Stroke & Heart Attack Survivors Support Group

Parrish Healthcare's Stroke & Heart Survivors support group occurs the third Tuesday of every month from 2-4 p.m. inside Parrish Medical Center's Heritage Hall, 921 North Washington Ave., Titusville. The next meeting is scheduled for Tuesday, June 14. There is no cost to attend. Seating is limited. Call 321-268-6111 ext. 8805 to make a reservation or visit the Stroke & Heart Survivors support group page here.

The weight of surviving a sudden traumatic health event such as a heart attack or stroke is more easily borne when others are helping you to carry the emotional load. That's the benefit of support groups like Parrish Healthcare's Stroke & Heart Survivors support group—members benefit from sharing experiences and knowing that they are not alone.

"These groups can be life-changing," said Parrish Healthcare Social Worker Janet Rooks, who leads the group. "I've seen many situations in which people who were reluctant or hesitant to participate found themselves learning important new ways to help them live better lives and making friends with others going through similar situations."

Rooks holds a bachelor's of social work degree and a master's degree in counseling. Rooks facilitates several support groups and is the coordinator for popular senior educational programs for Parrish Healthcare.

"Support group members gain much from our sessions; all that's necessary to take advantage of a support group is to come to the meetings," added Rooks.

For more information, visit the Stroke & Heart Survivors support group page at <https://www.parrishhealthcare.com/events-calendar/event-details/?Event=27934>.



Post 359 - American Legion Riders presents Bike Days at the Tiki Saturday, June 4, 1:00 - 5:00 p.m.

Good food on the grill with Fixin's, \$6. Listen to live music, take part in drawings, 50/50. All proceeds to benefit veterans and veterans' families.

7260 S. US Hwy. 1, Bellwood, (just north of Port St. John), 321-268-1632. Contact Wayne Fowler, Events Coordinator, American Legion Riders Post 359 at 321-307-1450 or visit our website, alr359.org, for more information.

Viper Lemonade

Space Coast Vipers Football is VERY excited to partner with Pucker Up Old Skool Lemonade! Every Wednesday from 5 p.m. - 8 p.m. at Freedom Optical, 4725 Fay Blvd. in PSJ. Come check out their new Venom lemonade, created just for us!

Please come out to support our football program and this amazing local small business!!

Brevard Public Schools

Head Start



Program

Child must be 3 or 4 years old
on or before September 1

South Area Elementary Schools
Discovery, Jupiter, Palm Bay,
Port Malabar, University Park

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Cambridge, Endeavour, Saturn, Sherwood

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SCHS VIPERS FOOTBALL

FUNDRAISING Event

WEDNESDAYS 5PM - 8PM

Pucker Up Old Skool Lemonade will donate a portion of lemonade sales to SCHS Vipers Football Team.

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The poster features a purple background with a white and yellow circular logo for "PUCKER UP Old Skool Lemonade" showing two lemons with faces. At the top right is the "SCHS VIPERS FOOTBALL" logo with a purple viper. The text "Can you Taste the Venom" is written in a purple script font. The event details "FUNDRAISING Event" and "WEDNESDAYS 5PM - 8PM" are prominently displayed. At the bottom, the "FREEDOM OPTICAL" logo and address "4725 FAY BLVD" are shown.

On the Road With Rose



Cocoa Beach Aquatic Center – Pool

4800 Tom Warriner Blvd., Cocoa Beach
www.cityofcocoa.com/415/Aquatic-Center
321-868-3240

Living with Florida heat drives us mostly indoors. Sometimes we become less aware of what's going on around us or tend to feel even more alone if we are having a problem. If this is the case, please reach out to a loved one, social media or neighbor. Know that prayers are being offered for all touched by the insanity and ill health around us. Those of us who are incredibly lucky enough to have a calm mind and good health, please share a smile and a kind word whenever possible.

Summer has truly arrived! School's out and most of us are looking for ways to cool off and have family fun. While the Woods of Port Saint John Property Owner's Association has our own pool, tennis courts and BBQ area, some of us are not aware or don't wish to pay to join the association and are looking for alternatives.

Like most others, I thought the Cocoa Beach Aquatic Center was just a pool for residents of Cocoa Beach only. I'm certainly glad I took the time to visit and be proven totally wrong. It turns out anyone can enjoy the cool, clear waters all day for one entrance fee and there is so much more than just a pool. The all-day entrance fee is \$7.50 for adults and \$4.50 for children if you're not a Cocoa Beach resident. There are also 30 day, 90 day and all year passes.

It's a short drive from P.S.J. to the end of Minuteman Causeway and past the golf course. It's also a nice way to see some of downtown Cocoa Beach and very well worth the drive. As you pass the Jr-Sr high school, bear to the left at the fork and keep an eye out for the signs. There is ample parking and a short walk to the entrance gate.

Carol is a cheerful wealth of information, happy to answer any questions. The biggest kiddie pool I have ever seen is directly to your right as you walk in. It's about 30 feet long and maybe 20 feet wide. The entrance is 1 foot, going to 3 feet deep. I was impressed that the wideness allows for many little ones and parents can enjoy splashing and playing without including unwilling neighbors to join in.

The splash pad is just beyond the kiddie pool. Very large also, it was not operating the day my fellow adventurer and I visited, but we were told it will be spraying water from the floor, umbrellas, side poles and stationary water guns after school lets out and they have more trained employees.

There is a non-slip floor, but water shoes can be worn if you like.

Children have to pass a short test to ascertain their water skill before

entering the big pool. If they are not totally competent, life vests and floaties are available free of charge.

The 50-meter pool itself was divided into three sections. One end is equipped with a Hoyer lift and sectioned off. There are ample lanes for lap swimming and they can be rented. There was a water exercise class in progress when we visited, so diving boards were closed as was the awesome slide. But I can just imagine kids diving, sliding and laughing...perhaps a Grammy also...

The park also includes a huge pavilion with restrooms and grill. If you rent the pavilion, you get use of the pool also.

The boardwalk is tucked into the Cypress and waterline bushes enough that you can catch sight of the activity in the fish nurseries.

A kayak and canoe launch is well kept up and there is a company offering kayak tours for a fairly reasonable charge. They do sunset tours now, but will do Bioluminescent tours when the season rolls around.

A sand volleyball court and small playground will keep everyone busy should they get water-logged. Pets are not allowed. You can bring food and drink, but absolutely no glass. There is a restaurant at the near-by Country Club.

Swimming, playing and eating in and around cool, clean water is an absolutely beautiful way to spend a great family day. It's made only better if we all remember to bring our good manners, follow the rules and clean up after ourselves.

And not laugh at slightly over-fluffy Grammy whoo-hooing around and down the slide.

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COMMUNITY CALENDAR

Alcoholics Anonymous meets on **Sundays** at 5 PM, Tuesdays and Thursdays at 6:30 PM.

Women's AA meets on Thursdays and Fridays, 10 AM. **Both AA Groups meet at St. Patrick's Church, 4797 Curtis Blvd.**

Overeaters Anonymous - Due to Covid-19 we are meeting on Zoom. For meeting times or contact info, please visit oaspacecoast.org.

6-1 American Legion Auxiliary, Unit 359, General Membership Meeting on the 1st Wednesday of each month, 6 PM at the Post Home, 7260 S. US 1, just north of PSJ. Call President Valerie Helmer at 321-268-1632.

6-4 thru 6-6 Shavout

6-4 Bike Days at the Tiki, 1:00 - 5:00 PM

7260 S. US Hwy. 1, Bellwood, (just north of Port St. John), 321-268-1632. Contact Wayne Fowler, Events Coordinator, American Legion Riders Post 359 at 321-307-1450 or visit their website, alr359.org, for more information.

6-7 Compassionate Friends Support Group meets the first Tuesday of every month at 6 PM in Cocoa Beach at the Lutheran Church of the Resurrection, 525 Minuteman Cswy. west of A1A, Fellowship Hall. Call 610-7875 for info.

6-8 Amvets Post 2415 General Membership Meeting on the 2nd Wednesday of each month at

6 PM. 688 West Ave., Cocoa. Commander Larry Lonneville, 321-208-7897.

6-9 Amvets Ladies Auxiliary 2415 General Membership Meeting on the 2nd Thursday of each month at 6 PM. 688 West Ave., Cocoa. President, Theresa N. Anderson, 321-208-7897.

6-10 Brevard Women's Connection meets at Space Coast Convention Center (Holiday Inn Express) on Hwy. 520 from 11 AM until 1 PM on the second Friday of each month. The program includes a luncheon plus an inspirational speaker. For more information, call Pam at 321-752-6896 or e-mail bwc0020@gmail.com.

6-12 Word Weavers Space Coast, a critique group for Christian writers, meets the 2nd Sunday at 2:00 PM at the Central Brevard Library in Cocoa. Visitors are always welcome. Email angelgardnerwrites@gmail.com for info.

6-12 Calling all Christian authors! Dynamic writers group in Cocoa offers training, critiques, and paid writing opportunities (2nd Sundays 2-4:30 p.m. at Cocoa Library). Contact D.P. Clarke at lroyaldy@gmail.com for more information. Print "Writers Group" in Subject.

6-12 Multiple Sclerosis Self-Help Group meets on the 2nd Sunday each month (except Mother's Day & November), 2 PM, Cocoa Library.

6-14 Flag Day

7-14 The North Brevard Commission on Parks and Recreation meets at 5 PM at 518 South Palm Ave. in the Brevard Room behind the Government Center in Titusville. The public is invited to attend. For questions, call Jeff Davis at 321-264-5105.

6-15 American Legion Post 359 meets at the Post Home at 7260 S. US 1 in Bellwood, (2 miles north of PSJ), 6:00 PM. All Legionnaires and new members are welcome. The Post meets on the 3rd Wednesday of each month. Please contact the Post at 321-268-1632 for assistance with your membership or information.

6-16 Corpus Christi

6-19 Father's Day

6-20 Moonport Modelers RC Club meets at 6:30 PM, 3rd Monday each month at the N. Brevard Library, 2121 S Hopkins Ave., Titusville. For more info, call Wayne Mendez, 505-2361.

6-25 Veterans & First Responders Breakfast - 9:00 a.m. at Saint Patrick's Anglican Church, 4797 Curtis Blvd., Port St. John. This is open to

all veterans, spouses of veterans and all first responders. Last Saturday of each month.

6-28 Moonlight Quilters Guild meets at the North Brevard Library in Titusville, 2121 Hopkins Ave. on the 4th Tuesday of each month (no meeting April or December). Meet and greet and refreshments at 6:00 pm, meeting at 6:15 pm, usually followed by show and tell or a guest speaker. Email Moonlight.Quilters@yahoo.com for more information.

Congratulations to:

Sandy Messer turns **younger** this month.

Jordan Arthurs turns **36** on the 2nd.

Lauren Grinstead turns **25** on the 4th.

Rhonda Bradley dances all night on the 7th.

Jordan Ragan turns **25** on the 7th.

Nathan Firth turns **7** on the 8th

Kirra Orend turns **24** on the 8th.

R.J. Arnone turns **48** on the 9th.

Dræ Robinson turns **26** on the 10th.

Jonathon Benoff turns **20** on the 10th.

Robert Owens turns **30** on the 12th

Stephen Crawford Jr. turns **18** on the 17th.

Lisa Siegel, the blue-haired lady, turns 39 (again) on the 14th.

Devon Anthony turns **24** on the 18th.

Holly Strickler turns hotter on the 20th.

Cheyenne Wiedman turns **22** on the 20th.

Charles Bertrand turns cooler on the 20th.

Ingebork Centi Thompson turns **91** on the 24th.

Archie Williams turns **45** on the 24th.

Jasper Niehoff turns **15** on the 25th.

Keli McCormack is the Queen on the on the 25th.

Melanie Hannen turns prettier on the 27th.

Brett Benoff turns woser on the 27th.

Don Crouse turns buffer on the 28th.

Trisha Orend is the Party Girl on the 29th.

Jill and Bill Hill celebrate **32** on the 2nd.

Craig & Jennifer Engelson celebrate **24** years on the 6th.

Carl & Debbie Anderson celebrate **28** on the 18th.

Bob & Judie Petrowski celebrate **57** on 19th.

We have lots of room for more good news.

Fax your inputs to 633-4313 or email inputs to happenings1@att.net.

Important Phone Numbers

County Commissioner -	264-6750
Sheriff: Non-Emergency -	633-7162
Fire Station 26 (Port St. John)	633-2056
Emergency Operations Center	637-6670
Waste Management -	636-6894
Port St. John Library	633-1867
PSJ Community Center -	633-1904
Florida Power & Light -	723-7795
City of Cocoa Water Dept. -	433-8400
Parrish Medical Center	
Port St. John -	636-9393
Titusville -	268-6111
Atlantis Elementary School -	633-6143
Challenger 7 Elementary -	636-5801
Enterprise Elementary School	633-3434
Fairglen Elementary School -	631-1993
Space Coast Jr/Sr High School -	638-0750

Port St. John Public Library 6500 Carole Ave., Port St. John 321-633-1867

Library Hours: Monday, Tuesday, Thursday and Friday 9 a.m.-5 p.m. Wednesday 12-8 p.m. and Saturdays 10 a.m.-2 p.m.

Meeting rooms are available for reservation by calling the library and study rooms are open on a first-come-first-served basis.

Computers are available, and we also offer scanning, wireless printing and faxing.

6/1 - 6:30 p.m.: Bookworms Bookclub. See the Reference Desk for monthly book selection.

6/11 & 6/25 - 10 a.m.-noon: Pokemon Club of Port St John. All ages welcome.

Tuesdays, 10-11 a.m.: Humanatee Yoga for Beginners or Intermediate. \$5 Instructor Fee.

Summer Reading begins 6/2, 3 - 4 p.m. Register beginning 5/16 and pickup the Summer Reading Packet Thursday, 6/2.

Thursdays 3:00 p.m.: **Summer Reading Program** storytimes and programs. Ages 6-12. See library for schedule specifics.

Fridays, 10:30 a.m.: **Little Listeners Storytime.** Ages 2-5.

6/22 - 5-7:30 p.m.: Glitter Kids Art Gallery opening. See Youth Services and Summer Reading Packet for more information on submitting art!

All Brevard County libraries will be closed on Monday, July 4th in Observance of Independence Day.

Martin Andersen Senior Center Dances

Martin Andersen Senior Center will host Singles/Couples Ballroom Dances on Saturday, June 11th and 25th. Music will be provided by Janice and Rene.



For both dances, doors open at 6:30 p.m. and dancing begins at 7:00 p.m., ends at 10:00 p.m. Free snacks, BYOB. Adults of all ages are welcome. The cost is \$8; \$9 for members.

Adults of all ages are welcome to our dances. MASC is located at 1025 S. Florida Ave., Rockledge. Call Martin Andersen Senior Center at 321-631-7549 for more information.

“Be the Rainbow” Pet Pride Parade

Tails at the Barkery is sponsoring the “Be the Rainbow” Pet Pride Parade on Saturday, June 11, starting in the Gazebo area at 10:00 a.m. in Cocoa Village. Dress your pet in a “Be the Rainbow” costume and enjoy a walk through Cocoa Village for a day-full of Rainbow Pride. Awards will be presented to the top three “most creative rainbow” dressed pets.

Throughout the day, Hello Again Books in Cocoa Village will offer free activities and events to honor and celebrate LGBTQ+ pride within our community. Come dressed to “Be the Rainbow.” Wear your bright colors, your unicorn t-shirt, your tutu... whatever makes you feel happy, full of pride and ready to celebrate diversity!

Three fabulous raffle gift baskets will be on display at Hello Again Books. Donate \$1 for each raffle ticket for a chance to win. All proceeds collected during this 2nd Annual “Be the Rainbow” Pride in the Village event will go to The Trevor Project.

Founded in 1998, The Trevor Project is an American nonprofit organization focused on suicide prevention efforts among lesbian, gay, bisexual, transgender, queer and questioning youth. Representatives from The Trevor Project will be in attendance so we can learn more about who they are and show our support.

10 a.m.: Pet Pride Parade

11 a.m.: A Moment of Remembrance. June 12th marks the 6th anniversary of the Pulse shooting. This is about remembering the victims, survivors, families, and all of those impacted by this event, including the community.

11:00 a.m.-5 p.m.: “Be the Rainbow” Sticker Scavenger Hunt

Get your map at Hello Again Books and then collect a sticker from each of the participating stores identified on the map. Feel free to wear your stickers, stick them on your map, keep them for later...just collect them all!

5 p.m.: Drawings will take place at Hello Again Books to announce the winners of the gift baskets. Winners do not need to be present to win.

Don't forget to take photos of your “Be the Rainbow” outfits, decor and celebration, and post them on social media.

Information about The Trevor Project can be found at: <https://www.thetrevorproject.org/>

For more information on this "Be the Rainbow!" event, contact Hello Again Books at (321) 877-0351 or visit www.helloagainbooks.com/.

Tango for Tails

Join the Florida Wildlife Hospital for Tango for Tails, at The Black Tulip Restaurant & Lounge, 207 Brevard Avenue, Cocoa Village, on Thursday, June 30, from 6:00 p.m. to 9:00 p.m.

Enjoy a five-course wine pairing dinner and a special Argentine Tango Show presentation. Tickets are \$100.00 per person. Proceeds from each ticket will be donated to the Florida Wildlife Hospital.

Tickets are available at The Black Tulip, 207 Brevard Avenue, Cocoa Village. For reservations, call (321) 631-1133.

Hosted by Tails at the Barkery and Tango & Ties, this event will help raise much needed funds for the Florida Wildlife Hospital, whose mission is to keep wildlife wild by providing quality, compassionate care through networking, continued education, and medical advancements. Since 1973, Florida Wildlife Hospital has rescued, rehabilitated and released thousands of sick, injured and orphaned native Florida animals in Brevard County.

Florida Wildlife Hospital is a nonprofit organization with full-time staffing and a growing network of volunteers located at 4560 N U.S. Highway 1, Palm Shores.

Get more information at www.floridawildlife-hospital.org.

Tails at the Barkery

308 Brevard Avenue, Cocoa Village

www.TailsAtTheBarkery.com

Tango & Ties

14 Oleander Street, Cocoa Village

www.tangoandties.com

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What's In The New Tax Package Governor Desantis Signed?

Florida's legislative session was marked by grueling fights over abortion, transgender issues and other topics of the nation's "culture wars." But one major piece of legislation received bipartisan praise and unanimous votes: a series of temporary tax breaks the state is promoting as its biggest ever. In May, Governor Ron DeSantis signed the tax package into law, touting first-time sales tax breaks for all sorts of essential and recreational items. The state's sales tax is 6 percent, but many of the items are exempt from county sales taxes as well.

"You're gonna' see breaks for really critical needs, like gas, diapers, disaster supplies, tools for skilled trades, recreational activities, you name it," DeSantis said at the signing. "Families are going to be able to save for things that really matter for them."

Here are the major tax cuts and exemptions lawmakers passed this year, in the order they take effect. For additional details, visit the Florida Department of Revenue's website, <https://Floridarevenue.com>.

1. Children's books: May 14 - Aug. 14

For three months, children's books, regardless of the price, will be exempt from sales taxes. "Children's books" are defined as "any fiction or nonfiction book primarily intended for children age 12 or younger."

2. Disaster preparedness supplies: May 28 - June 10

The state's annual two-week disaster preparedness tax holiday continues this year with a slew of items exempt from state and county sales taxes, including:

- Flashlights and lanterns worth \$40 or less
- A package of batteries worth \$50 or less
- Coolers worth \$60 or less
- Portable generators worth \$1,000 or less
- Various pet supplies

The Dept. of Revenue has a full list at <https://Floridarevenue.com/DisasterPrep/Documents>.

3. 'Freedom Week' sales tax holiday: July 1 - 7, 2022

For a week, tickets to live sporting and music events, movies, museums, state parks and festivals will be tax-free. So will a variety of outdoor supplies, including:

- The first \$250 on the sales price of bicycles and outdoor grills

- Various fishing supplies, including reels and rods

- The first \$200 spent on tents

- The first \$150 spent on residential pool and spa chemicals

The state has a complete list of items at <https://Floridarevenue.com/taxes/tips/Documents>.

4. Children's diapers, clothing and shoes: July 1, 2022 — June 30, 2023.

An idea proposed by Democrats in the Legislature for years, Republicans this year agreed to a one-year sales tax exemption for children's diapers. Another exemption makes baby and toddler clothing, apparel and shoes primarily intended for children age 5 or younger tax-free during the same period.

5. Impact-resistant windows, doors and garage doors: July 1, 2022 — June 30, 2024

For two years, these items will be exempt from sales tax for both commercial and non-commercial use.

6. Energy Star appliances: July 1, 2022 — June 30, 2023

The following Energy Star-labeled items are exempt from sales tax if they're purchased for non-commercial use:

- Clothes dryers selling for \$1,500 or less
- Refrigerators or combination refrigerator/freezers selling for \$3,000 or less
- Washing machines selling for \$1,500 or less
- Water heaters selling for \$1,500 or less

7. Back-to-school sales tax holiday: July 25 — Aug. 7, 2022

Lawmakers renewed the annual sales tax holiday for school supplies this year with the following items exempt:

- Clothing, footwear and certain accessories with a sales price of \$100 or less per item
- Certain school supplies with a sales price of \$50 or less per item
- Learning aids and jigsaw puzzles with a sales price of \$30 or less
- Personal computers and certain computer-related accessories with a sales price of \$1,500 or less, when purchased for noncommercial home or personal use

The state has a complete list of items at <https://Floridarevenue.com/taxes/tips/Documents>.

8. Skilled worker tools sales tax holiday: Sept. 3 — Sept. 9, 2022

This first-time tax holiday applies to the purchase of a variety of tools and supplies, including:

- Toolboxes worth \$75 or less
- Work boots selling for \$175 or less per pair
- Power tools selling for \$300 or less per item

The state has a complete list of items at <https://Floridarevenue.com/taxes/tips/Documents>.

9. Gas tax suspension: Oct. 1 — Oct 31, 2022

To alleviate record-high gas prices, lawmakers this year agreed to suspend collection of the state's gas tax for a month. Suspending collection of the gas tax means motorists will save about \$0.25 per gallon, or about \$1 billion in total. State lawmakers are plugging that hole with federal coronavirus stimulus dollars assigned by Congress.

10. Grand Prix tickets, property tax exemptions for widowers, etc.

The tax package, House Bill 7071, also includes many other tax exemptions, including:

- A sales tax exemption for tickets to Formula One Grand Prix races
- An increase in property exempt from taxation for residents who are widows, widowers, blind or totally and permanently disabled from \$500 to \$5,000.
- A sales tax exemption for machinery and equipment used to produce energy from burning hydrogen, which could save the state's largest utility, Florida Power & Light, an estimated \$300,000 per year on a new plant in Okeechobee.

Dr. Mom

The best health advice you have ever received came from your mom when you were a toddler. It's to **wash your hands**.

Studies show if everyone routinely washed their hands, a million deaths a year could be prevented. Handwashing reduces the risk of food-borne illness, respiratory, and other infections.

Life is better with clean hands...a mother's wisdom for a happy, healthy life!

Heart Disease Is Women's #1 Killer. So Why So Little Female-Focused Research?

Heart disease is the leading cause of death for women in America, accounting for more than one in five deaths. Still, far too few women realize the danger.

In fact, "Awareness of heart disease as the leading cause of death among women actually declined from 2009 to 2019," Dr. Dipti Itchhaporia, president of the American College of Cardiology (ACC), said during a HealthDay Now interview. "We've done so many educational efforts over the past decade and still less than 50% of women recognize that heart disease is the number one killer."

It's also not widely known that women differ from men in the structure of their hearts, the types of heart problems they have, the risk factors for heart disease they carry, and even the symptoms they experience during a heart attack, experts say.

"I had a patient with jaw pain," said HealthDay Now medical correspondent Dr. Robin Miller. "She went to the dentist twice before she came to see me, and she was in the midst of having a heart attack."

Much of the problem stems from the fact that cardiology has long been a male-dominated field, said Itchhaporia, who is an interventional cardiologist with Hoag Heart and Vascular Institute in Newport Beach, CA. "I think women may not even think of cardiology," Itchhaporia said of female doctors. "Women have different perceptions of cardiology than men, and they have different goals that could influence their choice."

Female cardiologists are more likely to report sex discrimination, but it goes beyond that, Itchhaporia said. Women in medicine tend to choose fields that allow for long-term patient relationships, as well as a more family-oriented lifestyle.

Unfortunately, that lack of female perspective in cardiology has caused research into heart disease to be largely focused on men. A study to be presented at the ACC's upcoming meeting found that clinical trials led by a female doctor tended to have more women participating in them — 45%, compared with 38% when a man is in charge of the study.

"Generalization of trial results may be inaccurate if the studies are only comprised of men. And so I think improving representation of women in trials yields more real-time, real-life results that reflect the broader patient population," Itchhaporia

said. "The bottom line is preventing and treating heart disease requires a workforce that's as diverse as the patients seeking the care," she added.

So what are the differences between women and men when it comes to the heart?

"Let me just start by saying that up until about 20 years ago, we thought men and women's hearts were the same," said Miller, a practicing physician with Triune Integrative Medicine in Medford, OR. "We've now learned that "women's hearts are smaller, our walls are thinner, our blood vessels are smaller. We have a more rapid heart rate than men,"

Women's bodies also respond differently to stress, Miller said. Women experience an increase in heart rate, while men tend to have their blood vessels constrict, causing their hearts to pump harder and increasing their risk of high blood pressure. Because of these physical differences, women tend to suffer different types of heart disease than men.

"We don't generally have the usual coronary artery disease. We have microvascular disease, which is in the smaller blood vessels," Miller said. Because of this, the usual heart scans might miss impending disease in women.

Women are also more likely than men to experience a tear in a coronary artery, as well as a weakening of the heart's main pumping chamber, known as "broken heart syndrome," Itchhaporia and Miller said.

"Broken heart syndrome is like a stun gun to the heart where there's a trauma and the heart looks like it's having a heart attack, but it's not," Miller explained. "Generally, people recover. That's far more likely to happen in women."

Heart risk factors also differ.

With these differences also come different risk factors for heart disease in women. Some occur directly from specifically female medical conditions. For example, women can develop high blood pressure and diabetes during pregnancy, and those increase the risk of heart disease, Itchhaporia said.

"One of the newer things we found is that your menstrual history has an impact on your heart," Miller added, noting that premature menopause, endometriosis and polycystic ovarian syndrome all increase heart risk in women. "Menopause is

when things really start to go down. Once we stop having periods, our risk goes up."

Even risk factors shared between the genders — cholesterol, high blood pressure, inactivity, obesity — can sometimes affect women differently than men.

"For example, women with diabetes are more likely to develop disease than men with diabetes," Itchhaporia said. "Smoking among women is a greater risk factor for heart disease compared to men."

Women even suffer different symptoms when they're experiencing a heart attack, the experts said.

Studies have shown that some younger women, ages 30 to 55, who experience a heart attack had been experiencing symptoms for as long as a month, Miller noted. "They just sort of ignore it," Miller said, "They didn't recognize the symptoms because sometimes they're very vague."

"You don't have the classical chest pain," Itchhaporia said. "Now they can, but they may have more neck pain, jaw pain, shortness of breath. So I think it's just important for us to remember that atypical quality. There are some true sex differences."

Because of these differences, Itchhaporia believes there "...needs to be this redoubling of efforts by organizations interested in women's health..." to educate women on their gender-specific heart risks. "Studies show that community-based programs — at churches, grocery stores, hair salons — are effective in improving awareness and ultimately outcomes," Itchhaporia said. "And I really hope that social media will provide a really important tool to reaching the public about prevention and lifestyle management."

The American College of Cardiology has more about women's heart health at <https://www.acc.org/>.

Alcoholics Anonymous

Port St. John

Saint Patrick's Church

4797 Curtis Blvd. - East off Grissom Pkwy.

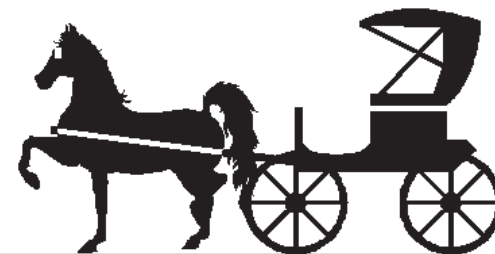
Sunset Group Meeting

(C) Sunday 5:00 BIG BOOK

(C) Tuesday 6:30 12 STEP

(O) Thursday 6:30 Beginners Mtg

SLEEPY HOLLOW



Fruit From The Groves

The sign committee met and went around to a number of places, and got bids to replace the Canaveral Groves signs. The new signs should be in place soon.

The stolen ATV and trailer that was reported last month was recovered with the help of residents and the Brevard County Sheriff's Office. Charges may be pending.

BCSO road patrol and the traffic unit have been out here in the Groves patrolling. They have issued a number of tickets for speeding and other violations.

Brevard County Fire Station 29 and Four Communities Fire Department have been busy with brush fires, structure fires, motor vehicle accidents and other types of rescues. Remember, we are now in brush fire season.

We are also now in hurricane season. Now is the time to plan what you will need to do if there is a hurricane. It is also time NOW to remove all brush and other vegetation that could do damage to your home in a storm. Remember not to pile brush along the roadway where it will interfere with traffic or the line of site coming up on intersections. Waste Management requires that you call them to have your brush picked up.

Florida Power & Light and their subcontractors

are out here in the Groves replacing a number of poles that need to be taken down due to age. This will help keep the power lines going when there is a storm.

Please remember to tune in to local television and radio stations when a storm is going to approach. There are many suggestions on what to do on the Brevard County Emergency Management website at.

Do NOT wait until the storm is a couple of days out because by then it may be too late.

- Ed Silva

Waste Management Guidelines

Yard waste is any vegetative matter generated from improved real property such as leaves, grass, pine needles or shrubbery cuttings resulting from the care of lawns or landscape maintenance. This may include tree trimmings or removal if done by the homeowner, and must meet the preparation guidelines.

Yard waste collection guidelines:

Prepare yard waste so that all branches, limbs, palm fronds and other materials are reduced to sizes not exceeding 4 feet in length, 2 feet in diameter, and 50 pounds in weight.

Yard waste cuttings, grass cuttings, leaves, small clippings and trimmings generated from a single family residence may be placed in a cus-

tomers owned receptacle with a maximum 40-gallon capacity.

Notify collector and arrange for a special pick-up if yard waste removal does not meet the size and weight limits listed above. Schedule a residential yard waste pick-up at <https://www.wm.com/us/en/home/residential-waste-recycling-pickup>.

Separate yard waste from other solid waste and place at your designated collection point.

Containerize grass cuttings, leaves, small clippings and trimmings.

Please note: the use of any type of bags (paper or plastic) for yard waste is prohibited.

Set yard waste at the curb in time for residential collection, which runs 6:00 a.m. until 8:00 p.m.

Waste Management will pick up all properly prepared yard waste placed at the curb or at the designated collection point from each family residence, not less than one (1) time per week.

For more information, call 321-636-6894.

Residents can also take their yard waste to the Free Mulch locations below.

Free Mulch

Brevard County residents can get free mulch at any of the locations listed below. Call the facility that is near you for more information and availability.

Central Disposal Facility, Cocoa, 321-633-1888
Mockingbird Mulching Facility, Titusville, 321-264-5009

Sarno Landfill, Melbourne, 321-255-4365

Composting

For information on backyard composting, call the Agricultural Extension Service in Cocoa at 321-633-1702 or visit the University of Florida website, <https://sfyl.ifas.ufl.edu/brevard/>. The University of Florida Institute of Food and Agricultural Sciences (UF/IFAS) Extension is a partnership between UF/IFAS, the United States Department of Agriculture (USDA), and Brevard County government, providing educational programs based on the latest research and technology.

Meet your neighbors and stay informed of Events & Community Happenings!

CANAVERAL GROVES HOMEOWNERS INC.

If you'd like to join and support our Homeowners' group, just cut out and fill out this form and mail with a check for \$15 to cover the current year's membership dues.
Mail to: CGHI, P.O. Box 675, Sharpes, FL 32959



Name _____

Address _____

E-mail _____

Phone _____

Won't you join us?

Walter Butler Community Center June, 2022

Bernice G. Jackson Park, 4201 North US Hwy. 1, Sharpes

The center is open Monday–Thursday from 10 a.m. - 8 p.m., Fridays from 9 a.m. to 6 p.m. and Saturday 10 a.m.-2 p.m. Schedule is subject to change. Call 321-433-4448 for latest information.

MONDAYS – FRIDAYS

Pickleball, 11 a.m. – 2 p.m.

Open Computer Lab, 11 a.m. – 2 p.m. & 6 – 8 p.m.

Summer Camp 7 a.m. – 6 p.m.

Open Gym, 6 – 8 p.m.

TUESDAYS

Pickleball, 11 a.m. – 1 p.m.

Zumba, 5:30 – 6:30 p.m.

Open Computer Lab, 6 – 8 p.m.

Pickleball, 6 – 8 p.m.

WEDNESDAYS

Pickleball, 11 a.m. – 2 p.m.

Open Computer Lab, 6 – 8 p.m.

Volleyball Fundamentals, 5 – 7 p.m.

Volleyball League Play, 7 – 9 p.m.

THURSDAYS

Pickleball, 11 a.m. – 2 p.m.

Volleyball Fundamentals, 5 – 8 p.m.

Open Computer Lab, 6 – 8 p.m.

FRIDAYS

Pickleball, 11 a.m. – 1 p.m.

SATURDAY

Open Computer Lab, 10 a.m. – 2 p.m.

Open Gym, 10 a.m. - 2 p.m.

Open Game Room, 10 a.m. – 2 p.m.

2022 SUMMER CAMP

▪ Grade: Completed Kindergarten through 6th grade.

▪ When: Monday - Friday, 7 AM-6 PM

▪ Cost: \$91.10 for a week or \$30.37 for a day

▪ Food: Breakfast and lunch is included for child/children daily

- Discounts available for those who qualify. Contact Walter Butler Community Center at 321-433-4448 for more information on discount criteria.

Volleyball Fundamentals - Teaching proper playing techniques and teamwork. This class focuses on teaching beginners how to properly bump, set, spike, and more.

Classes will be held on Wednesdays & Thursdays from 5 p.m. – 8 p.m. For more information, contact WBCC at 321-433-4448.

Seniors In Motion will meet Tuesdays from 10:30 a.m. – 1 p.m. and Thursdays 10:00 a.m.-1 p.m. first week in June only. Coffee and snacks will be provided. Thursdays are field trip day. Outings are in county and are 2 to 3 hours, depending on the outing location(s). For more information, call (321) 433-4448.

ZUMBA - Let It Move You! There are a lot of ways to lose weight. Some are just more fun. Join the ultimate dance-fitness party that beats a boring old workout any day! Classes are every Tuesday, 5:30 p.m. – 6:30 p.m. Half the class is Zumba Toning, the other half is Zumba. Cost is \$5 per class or \$15 for the month. Adults of all ages/fitness levels are welcome.

Wear comfortable clothes and sneakers and be prepared to dance! Bring a towel and water. For more information, call Debbie Kowaleuski at 321-403-6918.

AQUA ZUMBA - Jump into the Latin-Inspired, easy to follow, calorie-burning, dance fitness party that makes working out a splash! Classes are Tues-

days & Thursdays at 10:00 a.m., and Saturdays a 10:45 a.m. for one hour at Parrish Health & Fitness Center. \$5 per class or \$10 per week. For class details, contact Debbie Kowaleuski, your licensed Zumba Instructor at 321-403-6918, or visit www.dkowaleuski.zumba.com.

Experimental Aircraft Meeting

Experimental Aircraft Association Chapter 724 holds regular scheduled gatherings on the 2nd Wednesday of each month at 7:00 p.m. in the club house on Merritt Island Airport.

If you have a passion or interest in aviation, then EAA 724 will bring you closer to the action. You don't have to be a pilot or aircraft owner to enjoy our group. Our chapter is a mixture of pilots, wannabe pilots and non-pilots. If you like aircraft and aviation, you are welcome. Each month we have an interesting speaker and lots of hangar flying.

The airport is approximately 2 miles south of SR 520 on Courtney Parkway. Turn off Courtney onto the airport and then bear right. Across from the Fire House is the club house with the EAA logo on the end of the building.

For more information, visit the website at www.eaa724.org.

- Dwayne Waters, President

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- Menopause



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WOMEN'S HEALTH

parrishhealthcare.com/womenshealth



MAYO CLINIC
CARE NETWORK
Member

Healing Families—Healing Communities®